

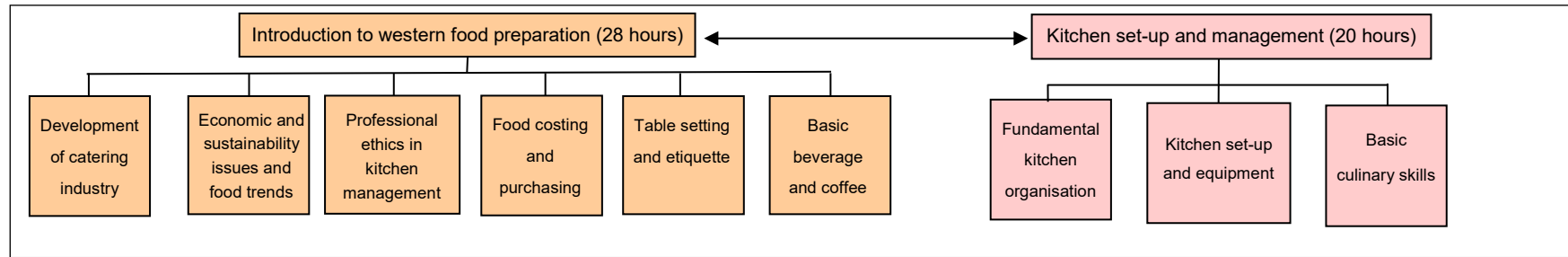
## Applied Learning

### 2024-26 Cohort; 2026 HKDSE

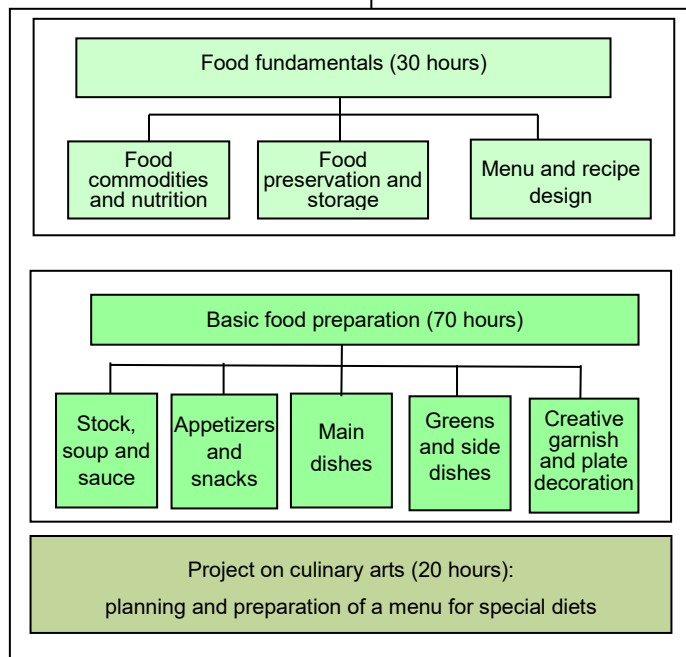
Item	Description
<b>1. Course Title</b>	Western Cuisine
<b>2. Course Provider</b>	Vocational Training Council
<b>3. Area of Studies/ Course Cluster</b>	Services/ Food Services and Management
<b>4. Medium of Instruction</b>	Chinese or English
<b>5. Learning Outcomes</b>	<p>Upon completion of the course, students should be able to:</p> <ul style="list-style-type: none"> <li>(i) demonstrate practical skills and a basic understanding of work ethics in western kitchen operations;</li> <li>(ii) analyse the up-to-date profiles of the hospitality and catering industries;</li> <li>(iii) apply the knowledge of food hygiene and work safety in food preparation;</li> <li>(iv) evaluate the nature and properties of food, cultural and economic influences and sustainable development on the planning and design of food product, nutritional science and service sequence;</li> <li>(v) select the appropriate food commodities for the preparation of western cuisine dishes (for Elective: Culinary Arts Stream) or western bakery and dessert products (for Elective: Dessert, Baking and Pastry Arts Stream); and</li> <li>(vi) enhance self-understanding and explore directions on further studies and career pursuits.</li> </ul>

## 6. Curriculum Map – Organisation and Structure

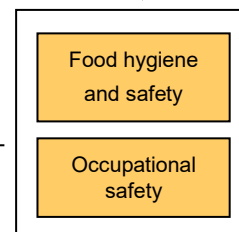
### Core: Culinary Fundamentals (48 hours)



### \*Elective 1: Culinary Arts (120 hours)

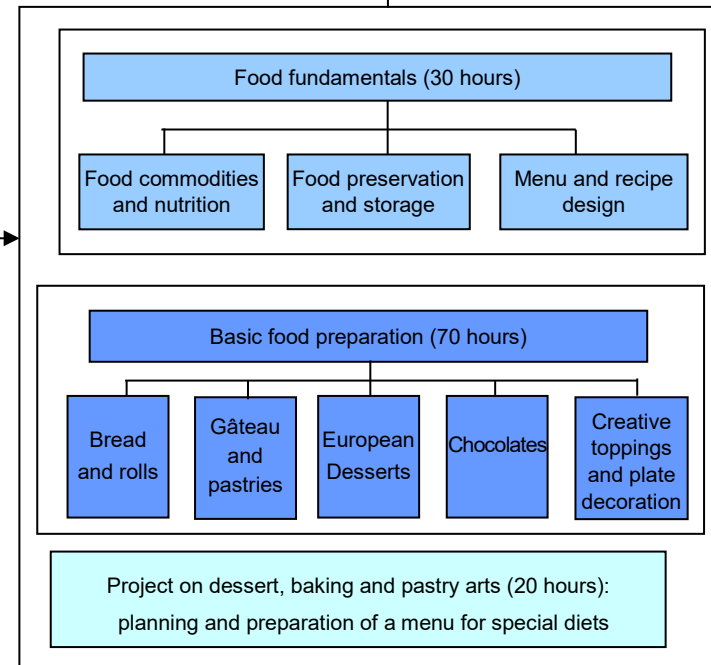


### Core: Food Hygiene and Occupational Safety \*\* (12 hours)

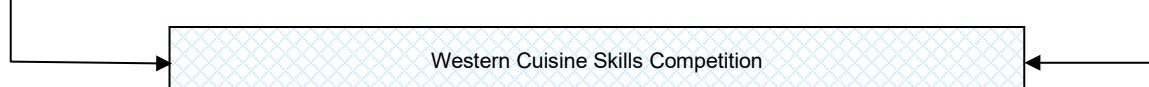


\*\* Students passing this module can obtain a **professional certificate recognised by the Food and Environmental Hygiene Department**. They can also attend a public examination offered by the **Royal Society for Public Health**, the U.K. for an additional professional qualification

### \*Elective 2: Dessert, Baking and Pastry Arts (120 hours)



\*Choose one of the electives



## 7. The Context

- The information on possible further study and career pathways is provided to enhance students' understanding of the wider context of the specific Applied Learning course.
- The recognition of Applied Learning courses for admission to further studies and career opportunities is at the discretion of relevant institutions. Students who have successfully completed Applied Learning courses have to meet other entry requirements as specified by the institutions.

### Possible further study and career pathways

#### **Further studies**

- e.g. courses related to food production and services, leisure and tourism, hotel management

#### **Career development**

- e.g. junior cook, junior pastry chef, junior bakery chef, chef trainee, food cost control clerk, purchasing clerk, restaurant server

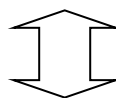
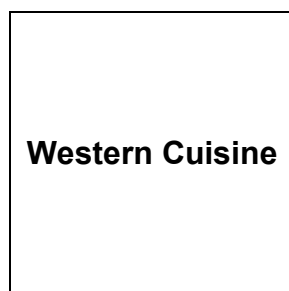
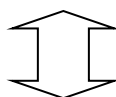
### Complementarity with core subjects and other elective subjects

#### **Enhancing and enriching**, e.g.

- enhancing the concepts of **Tourism and Hospitality Studies** through practices in food preparations and services; **Technology and Living** through practising diet and meal planning

#### **Expanding horizons**, e.g.

- students studying **Tourism and Hospitality Studies** may gain exposure related to food production and diversify their learning experience through exchanges with professionals in catering industries



### Relations with other areas of studies/ courses of Applied Learning

e.g.

#### **Creative Studies**

- the application of creative thinking in food decoration and restaurant table setting in this course can enhance students' innovation which will be useful to **Creative Studies**

#### **Business, Management and Law**

- the concept of food purchasing and cost control learned in this course can be applied to the requirements of finance and budget control of **Business, Management and Law**

#### **Services**

- the knowledge of hygiene, health and safety learned in this course can be applied to the requirements of food and beverage operations of **Hotel Operations in Services**

### Foundation knowledge developed in junior secondary education

The course is built upon the foundation knowledge students acquired in, e.g.

- **Technology Education** – basic concepts about commodities and food production
- **Science Education** – basic science knowledge
- **Mathematics Education** – cost calculation
- **Chinese Language Education** and **English Language Education** – communication skills

## **8. Learning and Teaching**

In this course, student-centred learning and teaching activities are designed to enable students to understand fundamental theories and concepts, develop their generic skills, and address their career aspirations in western food preparation industry.

Different modes of activities are employed to provide students with a systematic understanding about the context (e.g. lectures to grasp the basic concept about western cuisine, including the history and evolution of western cuisine, organisation, selections of food commodities, food hygiene and work safety in a western kitchen) and eye-opening opportunities to experience the complexity of the context (e.g. visits to restaurants, food plants or catering establishments to explore and experience the basic operations and services).

Students acquire an understanding of the requirements, fundamental knowledge and skills essential for further learning within the area through learning-by-practising opportunities in an authentic or near-authentic environment (e.g. practical work in preparing basic western dishes, plate decoration and food costing).

Students are also encouraged to develop and apply conceptual, practical and reflective skills to demonstrate entrepreneurship and innovation. Students are given opportunities to integrate the knowledge and skills acquired and consolidate their learning (e.g. the integrated project lets students plan and prepare dishes for customers with specified diet needs. No standard recipes will be provided. Students have to conduct a research and prepare their own dishes, based on the knowledge and skills acquired).

## 9. Curriculum Pillars of Applied Learning

Through related contexts, students have different learning opportunities, for example:

### (i) Career-related Competencies

- demonstrate a basic understanding of the professional ethics and responsibilities of a chef in the modern western kitchen with a view to striking a balance between social responsibility, company benefits, guests' right;
- develop personal attributes essential to the services industry, e.g. building up the professional image as a chef;
- acquire a range of specific technical knowledge and skills in service and in catering industries such as basic cooking skills and dish preparations, managing western kitchens and general service sequences in restaurants;
- develop their interpersonal skills to co-operate with peers within a team and develop good team spirit in western kitchens; and
- explore the aptitudes and abilities required in services industry and develop a personal roadmap for further studies and career development.

### (ii) Foundation Skills

- demonstrate effective communication skills in group practices, discussions and presentations using professional terminology and language in kitchen setting;
- apply information technology skills related to the operations of a western kitchen; and
- apply mathematical skills in the calculation of food cost and recipe development.

### (iii) Thinking Skills

- demonstrate creative thinking skills and analytical skills when designing recipes and preparing dishes of different themes;
- demonstrate problem-solving and decision-making skills in handling possible accidents or crisis in the kitchen; and
- evaluate both regional, seasonal and healthy perspectives as well as the constraints in resources when planning menu.

### (iv) People Skills

- demonstrate self-reflection skills by receiving feedback from tutors and classmates on the food preparation procedures and the finished products;
- illustrate self-management skills, e.g. managing their own personal appearance and outlook to project a professional image as a chef; and
- demonstrate interpersonal, collaborative and team working skills through co-operating with other group members in planning and preparing dishes.

### (v) Values and Attitudes

- show honesty and integrity, as well as respect for others and law and authority, and employing trade standards, rules and regulations in managing a western kitchen, e.g. food safety and sanitation in food preparation;
- demonstrate proper attitudes (e.g. enthusiasm, motivation and willingness to learn) in achieving international standards of food production; and
- show self-confidence and sense of responsibility in food preparation and services.